

**Robert Ramirez, DDS, MS**  
11671 Jollyville Rd., Suite 101  
Austin, TX 78759  
512-335-8600

### **Pre-Surgical Instructions**

#### **Diet:**

- ◆ **If I.V. sedation is scheduled, please do not eat or drink anything at least 12 hours before your procedure.**
- ◆ The morning of the procedure, please eat a light, non-greasy breakfast unless I.V. sedation is scheduled for the procedure.
- ◆ Please do **not** drink **caffeinated beverages** the morning of the procedure.

#### **Clothing:**

- ◆ The treatment room is usually cold, so please wear warm, comfortable clothes.
- ◆ Blankets are available during the procedure.
- ◆ Blood pressure is typically monitored throughout the procedures, so please wear short sleeves or a long-sleeve shirt that can be pulled up.

#### **Medications:**

- ◆ Oral sedatives will be administered in the office. Please arrive 30-45 minutes prior to your scheduled surgery time. **If you are using oral or IV sedation, you must have a ride home from a trusted source.**
- ◆ In some instances, with oral sedation, a relative or friend must spend three to four hours with you after the surgery to provide assistance and supervision.
- ◆ Make sure you take all normally prescribed medications (for example, blood pressure medication) with a small amount of water at the usual times.
- ◆ All medications will be called in at least one to two days prior to your appointment.
- ◆ We recommend that you pick up all medications before the appointment.
- ◆ Pain medication and the mouth rinse should be used after the surgery.

If you have any questions regarding any of the information on this sheet, please call our office before your scheduled surgery date.